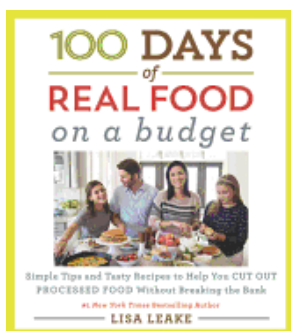




COSTING THE EARTH

how to live greener and more cheaply



100 Days of Real Food on a Budget : Simple Tips and tasty Recipes to Help You Cut Out Processed Food Without Breaking the Bank

by Lisa Leake

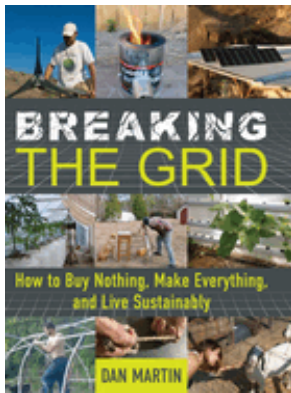
In addition to the wallet-friendly recipes, Lisa shares practical secrets for saving money in the kitchen: learning to plan ahead, getting the best deals on staple items, knowing what to make versus what to buy, growing your own herbs, and even reducing waste -- which is currently twenty percent of all food purchased!



Big Book of Botanical Crafts : How to Make Candles, Soaps, Scrubs, Sanitizers & More With Plants, Flowers, Herbs & Essential Oils

by Stephanie Rose

If you are looking for creative ways to reduce chemicals, harness the healing power of nature, and pamper yourself with healing herbs, fresh flowers, and essential oils, look no further. Rose has rounded up her best-loved botanical recipes in this massive book to teach you how easy, inexpensive, and relaxing it is to make your own natural cleaners, cleansers, and candles.



Breaking the Grid : How to Buy Nothing, Make Everything, and Live Sustainably

by Dan Martin

You can learn to live completely off the grid or just be a little more environmentally conscious. Find step-by-step photographed instructions for everything from making your own paper products to microgardening, from building furniture to harnessing solar power, and from making your own brown sugar to sewing sutures in an emergency situation. With projects for first-time gardeners and hardcore homesteaders alike, there's something for everyone!



Can I Recycle This? : a Guide to Better Recycling and How to Reduce Single-use Plastics

by Jennie Romer

Since the dawn of the recycling system, men and women the world over have stood by their bins, holding an everyday object, wondering, "can I recycle this?" This simple question reaches into our concern for the environment, the care we take to keep our homes and our communities clean, and how we interact with our local government.



The Compost Coach : Make Compost, Build Soil and Grow a Regenerative Garden - Wherever You Live!

by Kate Flood

Spin food waste and household carbon into garden gold, learn about how and why soil matters, and make climate activism an everyday mission.



Don't be Trashy : a Practical Guide to Living With Less Waste and More Joy

by Tara McKenna

Say goodbye to your bursting toiletries bag, fast fashion, and all the plastic crowding your pantry. It's time to build less trashy habits for a more sustainable and ethical life.



A Family Guide to Waste-Free Living

by Lauren Carter

Gives you all the information, advice, budget-friendly recipes and projects you'll need to start reducing waste in your life. Lauren and Oberon Carter make it simple and sustainable for families to eliminate waste in the home, at work, at school and out in the world.



The Good Garden : How to Nurture Pollinators, Soil, Native Wildlife, and Healthy Food -- All in Your Own Backyard

by Chris McLaughlin

What makes a garden good? For Chris McLaughlin, it's about growing the healthiest, most scrumptious fruits and veggies possible, but it's also about giving back. How can your little patch of Earth become a sanctuary for threatened wildlife, sequester carbon, and nurture native plants? McLaughlin gives you all the tricks and tips you need to grow the sustainable garden of your dreams.



Green Gifts : 40 Sustainable and Beautiful Present Ideas

by Rosie James

From homemade spa-day pamper products to gorgeous homewares, these 40 eco-gifting ideas will show you how to create presents from everyday household items. Whether you're eco-conscious and keen to reduce your plastic usage or want to be more sensible with your spending, this gorgeous craft compendium provides step-by-step guides to produce gifts that don't compromise on design or quality.



Grow Now : How We Can Save Our Health, Communities, and Planet -- One Garden at a Time

by Emily Murphy

Find detailed advice on increasing your nature quotient, choosing plants that cycle more carbon back into the soil, selecting a broader variety of vegetables and fruits to improve overall soil fertility, rethinking space devoted to lawns, and adding companion plants for pollinators to rewild any plot of land.



Here We Go Again : Recipes & Inspiration to Level Up Your Leftovers

by Tiffani Thiessen

Leftovers can be so much more than the sum of their parts. Yesterday's dinner, last week's baking experiment, snack drawer remnants, and cheese drawer bits and bobs are all an opportunity to create something new and delicious. And the holidays--they're a leftovers goldmine!



Kitchen Witch : Natural Remedies and Crafts for Home, Health, and Beauty

by Katie Haegele

Cast a spell to turn your kitchen into a healthy haven. Learn about traditional healing methods, gain practical DIY skills, and extricate yourself from reliance on the toxic consumer products that we have come to take for granted.



Living Without Plastic : More Than 100 Easy Swaps for Home, Travel, Dining, Holidays, and Beyond

by Brigette Allen

Embrace a plastic-free lifestyle with more than 100 simple, stylish swaps for everything from pens and toothbrushes to disposable bottles and the 5 trillion plastic bags we use--and throw out--every year.



The Natural Home : Simple, Pure Cleaning Solutions and Recipes for a Healthy House

by Isabelle Louet

Discover how to clean everything in your house the healthy way with just a few inexpensive, easy-to-find products using tried and true cleaning methods that have been around for centuries. A charming, comprehensive, and easy-to-use guide to cleaning your house naturally and organically, resulting in a toxin-free environment for you and your family.



One: Pot, Pan, Planet : a Greener Way to Cook for You and Your Family

by Anna Jones

With over 200 recipes for every occasion--from busy weeknight meals, to weekend feasts, to desserts that promise to delight -- these inventive, deeply satisfying dishes will become your new go-to kitchen staples. Whether preparing the recipes vegetarian or vegan, you will also find information to help you reduce waste, use leftovers, make kitchens plastic-free, and become a more environmentally mindful shopper.



Organic Beauty : an Illustrated Guide to Making Your Own Skincare

by Maru Godas

Harness the best of nature by making your own organic, natural skincare. Conscious care, natural ingredients, and recipes: make masks, scrubs, balms, butters, hair lotions and all kinds of natural skincare by following beautiful and detailed step-by-step instructions.



Perfectly Good Good : a Totally Achievable Zero Waste Approach to Home Cooking

by Margaret Li

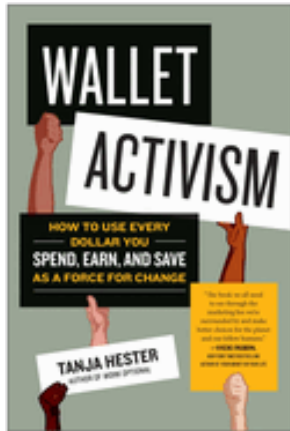
You're standing in front of your refrigerator, a week after your last trip to the supermarket. You've got a bunch of random veggies, some wrinkly fruit, near-expired milk, and those pricey fresh herbs you bought for that one recipe and don't know how to use up. For a split second you picture yourself opening a trash bag, throwing everything away, and ordering takeout. We've all been there. But instead ... you pick up this cookbook.



Remodelista : the Low-impact Home : a Sourcebook for Stylish, Eco-conscious Living

by Margot Guralnick

Low-impact living is about making thoughtful, eco-friendly choices in your home. But being sustainable doesn't have to mean sacrificing style. That's where Remodelista comes in. In this comprehensive guide, they decode the secrets to creating a home that's good for the planet - and totally liveable.



Wallet Activism : How to Use Every Dollar You Spend, Earn, and Save as a Force for Change

by Tanja Hester

It can feel overwhelming to determine "the right way" to spend: a choice that might seem beneficial to the environment may have unintended consequences that hurt people. This book empowers us to vote with our wallets by making sense of all the information coming at us, and teaching us to cultivate a more holistic mindset that considers the complex, interrelated ecosystems of people and the planet together, not as opposing forces.



Wear, Repair, Repurpose : a Maker's Guide to Mending and Upcycling Clothes

by Lily Fulop

Fulop's vibrant step-by-step illustrations make mending easier than every, demystifying techniques and displaying unique ways to show off your personality. And when your mending possibilities run out, she has simple yet striking solutions to repurpose fabric, including braided rugs, crocheted pillows, and more. Say hello to sustainable inspiration.

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